



OBJECTIVE

Overseeing and monitoring athlete health

INJURY OR ILLNESS



HEALTHCARE

DIAGNOSIS

COMPLEMENTARY TESTS

CLINIC



CONSORCI SANITARI DE TERRASSA

- Specialist opinions
- Other medical tests
- Surgical treatments



CST CONSORCI SANITARI DE TERRASSA

TREATMENT

PHYSIOTHERAPY

REGENERATIVE TREATMENT

ADDRESSING THE CAUSES OF THE INJURY

SURGERY



PREVENTION

EXAMS BEFORE COMPETING



- Medical check up
- Dentist
- Optician
- Podiatrists
- Cardiologists

IDENTIFYING RISK FACTORS



Multidisciplinary work and collaboration with other CAR areas

SUPPORTING TRAVELLING ATHLETES



- Advice for travelling:
- Diet, nutrition and supplements
 - Climatology
 - Jetlag
 - Vaccination

RETURNING TO COMPETITION

