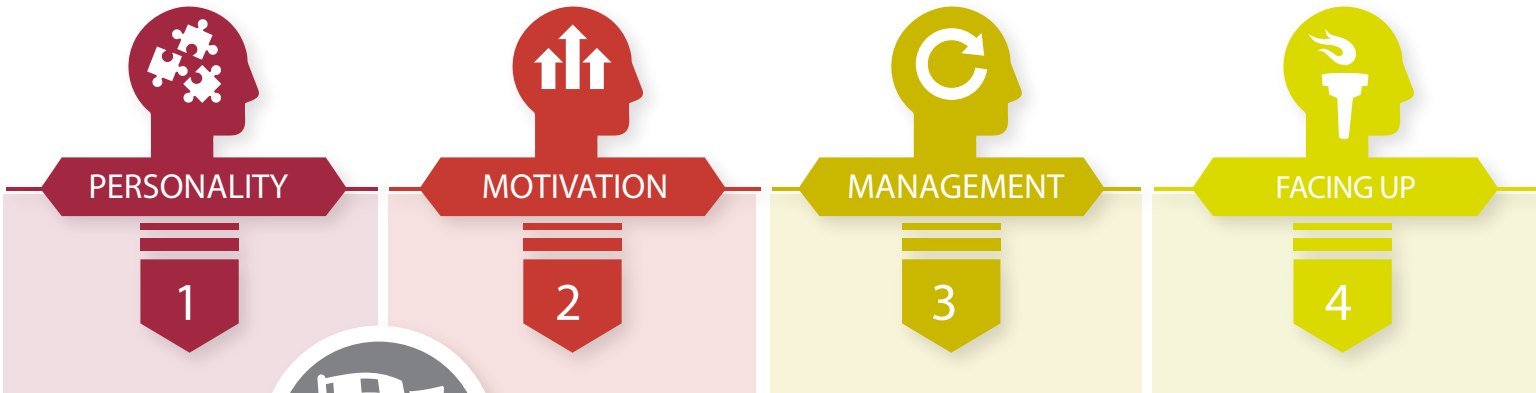
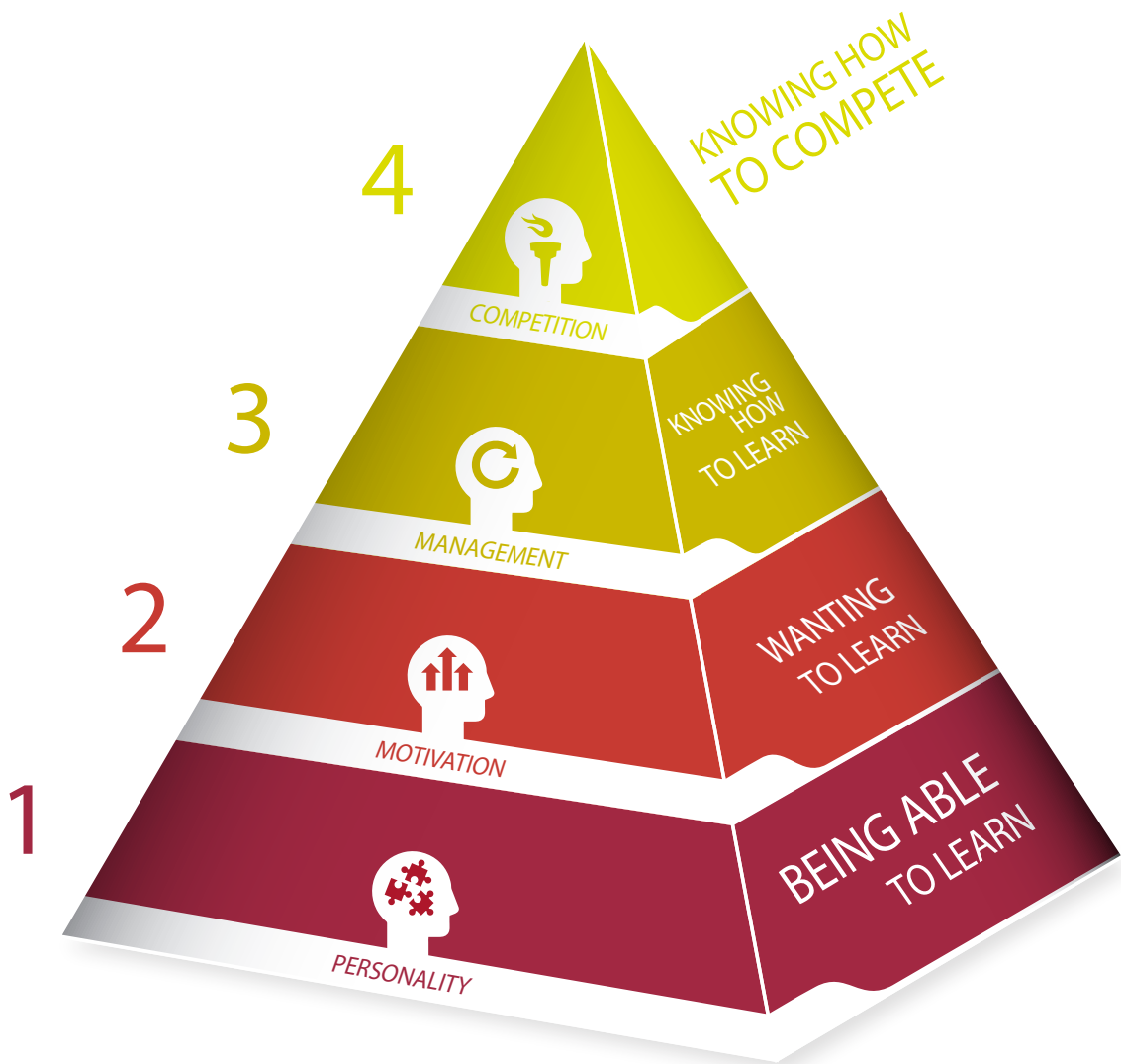




OBJECTIVE

For athletes to achieve their true potential



HOW DO WE ACHIEVE THIS?



BELIEFS

Changing your way of
BEING

**DESIGNING
A TAILOR-MADE
PROGRAMME**
To make sure each
individual achieves
their true potential

RESOURCES

Changing your way of
DOING



HOW DO WE WORK ON IT?

